

Child Confidential Intake Form



Today's Date: _____

Name of Child: _____ Age: _____

Birth date of Child: _____ Gender: _____

Parent info

Parent's Name: _____

Home # _____ Work # _____ Ext. _____ Mobile # _____

Address: _____

Residence and Mailing Address

City

Prov. Postal Code

Email: _____ Occupation: _____ Employed by: _____

Marital Status _____

Other parents' Name and contact info: _____

Name

Phone Number

Names & ages of other children: _____

Has your child had previous chiropractic care? Yes No Were X-rays Taken? Yes No

Chiropractor/Office name: _____ When was your last adjustment? _____

Medical Doctor's name and phone number: _____

Who may we thank for referring you to our office? _____

Present Complaint

When did it start? _____

What caused the problem? _____

Since the problem started, it is: About the Same Getting Better Getting Worse

Have you had this problem before? _____

What makes it worse? _____

Is there anything you can do to relieve the problem? Yes No, If yes, describe: _____

How frequent is the complaint? Constant Daily Intermittent Night Only

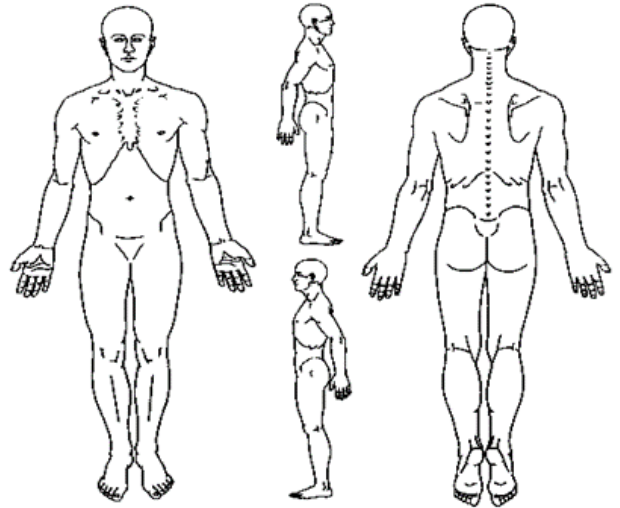
How long does it last? _____

1 2 3 4 5 6 7 8 9 10

Please circle your pain level online above (1=no pain, 10=severe pain)

On the diagram, label ALL the areas that you are experiencing using the appropriate letter below.

- A= Aching
- B= Burning
- N= Numbness
- P= Pain
- T= Tingling, Pins/Needles
- S= Stabbing
- T= Tingling
- O= Other _____



General Health History

Any Known Health Conditions/Illnesses: No Yes; List:

Big Falls or Injuries: No Yes; List:

Hospitalizations/Surgeries: No Yes; List:

Fractures: No Yes; Where/When:

Any Allergies: No Yes; List:

Vaccination History:

Sleep Quality: Good Fair Poor

Average Hours/night: _____ Average Hours/day: _____

Trouble Falling Asleep: Always Occasional Never

Health Status Survey

Please list any major accidents or surgeries your child has had: _____

Please list any medications your child is taking: _____

Please check the box for any conditions or symptoms that your child has experienced:

- | | | |
|---|--|---|
| <input type="checkbox"/> Sore Muscles | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Nervousness |
| <input type="checkbox"/> Sore Joints | <input type="checkbox"/> Difficulty Sleeping | <input type="checkbox"/> Depression/Confusion |
| <input type="checkbox"/> Growing Pains | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Hyperactivity |
| <input type="checkbox"/> Muscle Cramps | <input type="checkbox"/> Fainting | <input type="checkbox"/> Behavioral Problems |
| <input type="checkbox"/> Back Problems | <input type="checkbox"/> Rheumatic Fever | <input type="checkbox"/> Epilepsy |
| <input type="checkbox"/> Neck Problems | <input type="checkbox"/> Frequent Colds/Flu | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Pain b/w Shoulders | <input type="checkbox"/> Earaches/Infections | <input type="checkbox"/> Stomach Aches |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Sore Throat | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Spinal Curvature | <input type="checkbox"/> Chronic Cough | <input type="checkbox"/> Constipation |
| <input type="checkbox"/> Walking Problems | <input type="checkbox"/> Enlarged Glands | <input type="checkbox"/> Bedwetting |
| <input type="checkbox"/> Feet Turn In/Out | <input type="checkbox"/> Asthma | <input type="checkbox"/> Eczema |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Loss of Weight | <input type="checkbox"/> Hernias |
| <input type="checkbox"/> Difficulty chewing | <input type="checkbox"/> Poor/Excessive Appetite | <input type="checkbox"/> Colic |
| <input type="checkbox"/> Coordination Problems | <input type="checkbox"/> Slow Weight Gain | <input type="checkbox"/> Night Terrors |
| <input type="checkbox"/> Concussions or head injuries | | |

Other: _____

FAMILY HEALTH PROFILE (optional):

At our office we are not only interested in your health and well-being, but also the health and well-being of your family and loved ones. Please mention below any health conditions or concerns you may have about your family: _____

The statements made on this form are accurate to the best of my recollection and I agree to allow this office to examine me for further evaluation.

Prior to establishing a treatment plan, the doctor must perform a Chiropractic Examination in order to determine the exact cause of your complaint. During the examination the doctor will perform some procedures or maneuvers intended to reproduce your symptoms which will allow for a better understanding of the nature of your condition and for the development of an appropriate treatment regimen. There is a slight possibility that these maneuvers may temporarily aggravate your symptoms.

Patient Name

Guardian signature

CONSENT FORM

It is important for you to consider the benefits, risks and alternatives to the treatment options offered by your chiropractor and to make an informed decision about proceeding with treatment.

Chiropractic treatment includes adjustment, manipulation and mobilization of the spine and other joints of the body, soft-tissue techniques such as massage, and other forms of therapy including, but not limited to, electrical or light therapy and exercise.

Benefits

Chiropractic treatment has been demonstrated to be effective for complaints of the neck, back and other areas of the body caused by nerves, muscles, joints and related tissues. Treatment by your chiropractor can relieve pain, including headache, altered sensation, muscle stiffness and spasm. It can also increase mobility, improve function, and reduce or eliminate the need for drugs or surgery.

Risks

The risks associated with chiropractic treatment vary according to each patient's condition as well as the location and type of treatment.

The risks include:

- **Temporary worsening of symptoms** – Usually, any increase in pre-existing symptoms of pain or stiffness will last only a few hours to a few days.
- **Skin irritation or burn** – Skin irritation or a burn may occur in association with the use of some types of electrical or light therapy. Skin irritation should resolve quickly. A burn may leave a permanent scar.
- **Sprain or strain** – Typically, a muscle or ligament sprain or strain will resolve itself within a few days or weeks with some rest, protection of the area affected and other minor care.
- **Rib fracture** – While a rib fracture is painful and can limit your activity for a period of time, it will generally heal on its own over a period of several weeks without further treatment or surgical intervention.
- **Injury or aggravation of a disc** – Over the course of a lifetime, spinal discs may degenerate or become damaged. A disc can degenerate with aging, while disc damage can occur with common daily activities such as bending or lifting. Patients who already have a degenerated or damaged disc may or may not have symptoms. They may not know they have a problem with a disc. They also may not know their disc condition is worsening because they only experience back or neck problems once in a while.

Chiropractic treatment should not damage a disc that is not already degenerated or damaged, but if there is a pre-existing disc condition, chiropractic treatment, like many common daily activities, may aggravate the disc condition.

The consequences of disc injury or aggravating a pre-existing disc condition will vary with each patient. In the most severe cases, patient symptoms may include impaired back or neck mobility, radiating pain and numbness into the legs or arms, impaired bowel or bladder function, or impaired leg or arm function. Surgery may be needed.



Hubbel & Johnston Chiropractic

163 Elgin Street East
Cobourg, Ontario K9A 1A1
Phone: 905-372-1885 Fax: 905-372-1886

● **Stroke** – Blood flows to the brain through two sets of arteries passing through the neck. These arteries may become weakened and damaged, either over time through aging or disease, or as a result of injury. A blood clot may form in a damaged artery. All or part of the clot may break off and travel up the artery to the brain where it can interrupt blood flow and cause a stroke.

Many common activities of daily living involving ordinary neck movements have been associated with stroke resulting from damage to an artery in the neck, or a clot that already existed in the artery breaking off and travelling up to the brain.

Chiropractic treatment has also been associated with stroke. However, that association occurs very infrequently, and may be explained because an artery was already damaged and the patient was progressing toward a stroke when the patient consulted the chiropractor. Present medical and scientific evidence does not establish that chiropractic treatment causes either damage to an artery or stroke.

The consequences of a stroke can be very serious, including significant impairment of vision, speech, balance and brain function, as well as paralysis or death.

Alternatives

Alternatives to chiropractic treatment may include consulting other health professionals. Your chiropractor may also prescribe rest without treatment, or exercise with or without treatment.

Questions or Concerns

You are encouraged to ask questions at any time regarding your assessment and treatment. Bring any concerns you have to the chiropractor's attention. If you are not comfortable, you may stop treatment at any time.

Please be involved in and responsible for your care. Inform your chiropractor immediately of any change in your condition.

Financial Agreement

Initial Assessment fee \$90, subsequent visit \$45. Reactivated visit \$60. A treatment plan will be discussed between you and the chiropractor based on your individual needs.

DO NOT SIGN THIS FORM UNTIL YOU MEET WITH THE CHIROPRACTOR

I hereby acknowledge that I have discussed with the chiropractor the assessment of my condition and the treatment plan. I understand the nature of the treatment to be provided to me. I have considered the benefits and risks of treatment, as well as the alternatives to treatment. I hereby consent to chiropractic treatment as proposed to me.

Name (Please Print)

Signature of patient (or legal guardian)

Date: _____ 20____.

Signature of Chiropractor

Date: _____ 20____